|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Gaelscoil Eadan Mhoir Lunch Menu –Choice**  **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Week 1** | Pasta Bolognaise  Or  Fish Goujon in Soft Shell Taco & Zingy Tomato Salsa  Garlic Bread  Baked Beans /Tossed Salad  Mashed Potatoes  Yoghurt / Fresh Fruit | Classic Margherita Pizza  or  Italian Chicken & Tomato Pasta  Steamed Broccoli / Coleslaw  Mashed Potatoes  Strawberry Mousse and fruit | Lunch Bunch Chicken Curry & Naan Bread  Or  Crispy Cod Fishcake/ Garlic & Lemon Mayo  Garden Peas/Sweetcorn  Steamed Rice/Oven Baked Wedges  Mashed Potato  Jam Sponge & Custard | Roast of the Day, Stuffing & Gravy  Carrot & Parsnip/Savoy Cabbage  Mashed/Oven Roast Potato  Or  Chicken Panini/Tossed Salad  Strawberry Jelly, Ice Cream & Fruit | Hot Dog/ Tomato Ketchup  Or  Creamy Chicken & Vegetable Bake  Coleslaw / Tossed Salad  Chipped & Mashed Potato  Fresh Fruit Pot & Homemade Biscuit |
| **Week 2** | Sausage Roll Or  Sweet and Sour Chicken &  Rice  Spaghetti Hoops & Garden Peas  Mashed Potato  Ice Cream, Custard & Sliced Pears | Pasta Bolognaise with Garlic Bread  Or  Oven Baked Salmon  Sweetcorn/Tossed Salad  Mashed Potato  Iced Sponge & Custard | Lunch Bunch Chicken Curry & Rice Naan Bread  Or  Margherita / BBQ Chicken Pizza  Garden Peas  Mashed Potato  Fresh Fruit Salad and Yoghurt | Roast Turkey or Chicken, Stuffing & Gravy  Broccoli and Carrots  Mashed/Oven Roasted Potato  Or  Salad filled Pitta with Barbeque Pulled Pork  Fruit Muffin & Milkshake | Beef Burger in a Bap with Tomato Ketchup  Or  Peppered Chicken & Rice  Sweetcorn / Tossed Salad  Chipped/Mashed Potato  Flakemeal Biscuit & Fruit |
| **Week 3** | Golden Crumbed Fish Fingers  Or  Mighty Mac ‘n’ Cheese  With Garlic Bread Slice  Baked Beans/ Coleslaw  Mashed Potatoes  Artic Roll with Fruit | Pepperoni/Margherita Pizza  Or  Spicey Italian Beef Strips served in a Pitta Pocket with Sweet Chilli Dressing /Crunchy Salad  Garden Peas  Homemade Garlic Diced Potatoes  Mashed Potatoes  Fresh Fruit & Shortbread | Lunch Bunch Chicken Curry & Rice Naan Bread  Or  Steak Burger in a Bap with Cheese & Ketchup  Tossed Salad  Mashed Potato  Lemon Drizzle Cake & Custard | Stuffed Chicken & Gravy  Carrot & Broccoli  Mashed/Oven Roast Potato  Or  Savoury Mince Pasta with grated Italian Cheese  Decorated Fairy Cake | Tasty Pork Sausages with Tomato Ketchup Or  Salt N Chilli Chicken Wrap with Garlic Mayo  Mini Corn on the Cob  Spaghetti Hoops  Chipped / Mashed Potatoes  Frozen Mousse  Fruit |
| **Week 4** | Spaghetti Bolognaise with Garlic Bread  Or  Cod Fishcake with Ketchup  Garden Peas  Oven Baked Potato Wedges  Mashed Potato  Yoghurt / Fresh Fruit | Ham & Cheese Pizza or Pepperoni with Garlic Dip  Or  Tex Mex Beef & Veg Enchilada  Mini Corn on the Cob/Coleslaw  Mashed Potato  Jelly & Mandarin Oranges | Lunch Bunch Chicken Curry & Rice Naan Bread  Or Oven Baked Sausages  Sweetcorn / Baked Beans  Mashed Potato  Cracknel & Custard | Roast Of the Day, Stuffing & Gravy  Or  BBQ Chicken Wrap with Crunchy Salad  Broccoli/Carrots  Mashed/Oven Roast Potato  Ice Cream, Pears & Custard | Oven Baked Chicken Goujons/Garlic Dip  Or  Sweet Chilli Chicken Panini  Tossed Salad/Spaghetti Hoops  Chipped Potato/Mashed Potatoes  Homemade Biscuit and Fruit |