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|  | **Gaelscoil Eadan Mhoir Lunch Menu –Choice** **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Week 1** | Pasta BolognaiseOrFish Goujon in Soft Shell Taco & Zingy Tomato SalsaGarlic BreadBaked Beans /Tossed SaladMashed PotatoesYoghurt / Fresh Fruit | Classic Margherita PizzaorItalian Chicken & Tomato PastaSteamed Broccoli / ColeslawMashed PotatoesStrawberry Mousse and fruit | Lunch Bunch Chicken Curry & Naan BreadOrCrispy Cod Fishcake/ Garlic & Lemon MayoGarden Peas/SweetcornSteamed Rice/Oven Baked WedgesMashed PotatoJam Sponge & Custard | Roast of the Day, Stuffing & GravyCarrot & Parsnip/Savoy CabbageMashed/Oven Roast PotatoOrChicken Panini/Tossed SaladStrawberry Jelly, Ice Cream & Fruit | Hot Dog/ Tomato KetchupOrCreamy Chicken & Vegetable BakeColeslaw / Tossed SaladChipped & Mashed PotatoFresh Fruit Pot & Homemade Biscuit |
| **Week 2** | Sausage Roll OrSweet and Sour Chicken &RiceSpaghetti Hoops & Garden Peas Mashed PotatoIce Cream, Custard & Sliced Pears | Pasta Bolognaise with Garlic BreadOrOven Baked SalmonSweetcorn/Tossed SaladMashed PotatoIced Sponge & Custard | Lunch Bunch Chicken Curry & Rice Naan BreadOrMargherita / BBQ Chicken PizzaGarden PeasMashed PotatoFresh Fruit Salad and Yoghurt | Roast Turkey or Chicken, Stuffing & GravyBroccoli and CarrotsMashed/Oven Roasted PotatoOrSalad filled Pitta with Barbeque Pulled PorkFruit Muffin & Milkshake | Beef Burger in a Bap with Tomato KetchupOrPeppered Chicken & RiceSweetcorn / Tossed SaladChipped/Mashed PotatoFlakemeal Biscuit & Fruit |
| **Week 3** | Golden Crumbed Fish FingersOrMighty Mac ‘n’ CheeseWith Garlic Bread SliceBaked Beans/ ColeslawMashed PotatoesArtic Roll with Fruit | Pepperoni/Margherita PizzaOrSpicey Italian Beef Strips served in a Pitta Pocket with Sweet Chilli Dressing /Crunchy SaladGarden PeasHomemade Garlic Diced PotatoesMashed PotatoesFresh Fruit & Shortbread | Lunch Bunch Chicken Curry & Rice Naan BreadOrSteak Burger in a Bap with Cheese & KetchupTossed SaladMashed PotatoLemon Drizzle Cake & Custard | Stuffed Chicken & GravyCarrot & BroccoliMashed/Oven Roast PotatoOrSavoury Mince Pasta with grated Italian CheeseDecorated Fairy Cake | Tasty Pork Sausages with Tomato Ketchup OrSalt N Chilli Chicken Wrap with Garlic MayoMini Corn on the CobSpaghetti HoopsChipped / Mashed PotatoesFrozen MousseFruit |
| **Week 4** | Spaghetti Bolognaise with Garlic BreadOrCod Fishcake with KetchupGarden PeasOven Baked Potato WedgesMashed PotatoYoghurt / Fresh Fruit | Ham & Cheese Pizza or Pepperoni with Garlic DipOrTex Mex Beef & Veg EnchiladaMini Corn on the Cob/ColeslawMashed PotatoJelly & Mandarin Oranges | Lunch Bunch Chicken Curry & Rice Naan BreadOr Oven Baked SausagesSweetcorn / Baked BeansMashed PotatoCracknel & Custard | Roast Of the Day, Stuffing & GravyOrBBQ Chicken Wrap with Crunchy SaladBroccoli/CarrotsMashed/Oven Roast PotatoIce Cream, Pears & Custard | Oven Baked Chicken Goujons/Garlic DipOrSweet Chilli Chicken PaniniTossed Salad/Spaghetti HoopsChipped Potato/Mashed PotatoesHomemade Biscuit and Fruit |